



DR. EHSAN YOUSEFALIZADE

PHD IN SPORTS PHYSIOLOGY

CONTACT

Email: info@IFPE-Academy.com

EDUCATION

PhD in Sports Physiology(Biochemistry and Metabolism), Ferdousi University

Master of Science in Sports Physiology, Shahid Beheshti University

Bachelor of Science in Physical Education, Tehran University

WORK EXPERIENCE

2008-2022

Visiting Professor of Ferdousi University

Sports Physiology Specialist at Betis Sports and Fitness Supervising Center

Coaching for Volleyball team of Tehran University, Vet Faculty (2010-2011)

Volleyball Team member of Tehran University(2013)

Fitness and Volleyball Coach at Betis Sports Institution of Shahid Beheshti University

Supervisor and Head Referee of Shahid Beheshti University Staff's Sports Competitions

A Member of Track and Field Community in Tehran, having 1st Place award in the competition

Bodybuilding and Physical Fitness Coach at various training centers around tehran since 2012

Executive Commitee Member at 3rd Conference on Sports in Shahid Beheshti University

COACHING EXPERIENCE

Bodybuilding Coach (Grade 2)

Physical Fitness Coach (Grade 2)

Volleyball Coach (Grade 3)

Basketball Coach (Grade 3)

TRX Training Coach

LANGUAGES

Persian | Mother tongue

English | Fluent

BOOKS AND ESSAYS

Several Published Essays on Metabolism and Energy Consumption in Athletes

Author of the Book 'Sports Pharmacology and Doping', Hatmi Publications

Translation and Edit of the Book 'Bodybuilding Training Encyclopedia'